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Teen arrested in connection with death

COQUITLAM A 17-year-old girl was arrested yesterday after a 19-year-old Coquitlam man was found stabbed in a car in Maple Ridge. He later died in hospital.

RCMP Cpl. Dale Carr said it appears the man was stabbed at a home nearby and had driven a few blocks before getting into a minor accident.

"Upon arrival on scene officers established that ... (the) driver was in severe medical distress suffering from an apparent stab wound," he said.

Carr added that RCMP homicide investigators are on the case.

METRO VANCOUVER

Election 2008 p8

- **AdVentures goes behind campaign ads**
- **Harper heads West**
- **Layton reveals his musical taste**

Entertainment p15



60th Emmy Awards recap

Sports p12

Coach slams Wellwood

Celeb Buzz p18

Duchovny OK in sex rehab

'Whistle stop' tour leaves the station

Green Party leader begins cross-country campaign by train



Elizabeth May hops aboard the Green Train in Vancouver yesterday. Her cross-country tour ends in Halifax on Sept. 27.

JEFF HODSON
jeff.hodson@metronews.ca

Elizabeth May thinks her 'green train' will help put Canada on the right track and hopes all Canadians will get on board.

In a move harkening back a half century, the Green party leader hopped onto a passenger train in Vancouver yesterday afternoon at the start of her cross-country 'whistle stop' campaign.

"I wish I could sing. I feel this train is bound for

Green Party highlights

- A \$50 per tonne carbon tax and cuts to income and corporate taxes.
- Legalize the sale of cannabis through licensed distributors.
- Return the GST to 6 per cent for infrastructure investment.

glory," said May, as she posed in the doorway of a passenger car. "Getting Canada back on the right track."

The tour, which will pass through communities along the Via rail line, is part of the Greens' zero-carbon national election

campaign. It includes materials printed on post-consumer waste materials and the purchase of carbon offsets for travel-related pollution.

"It's the most ecologically appropriate choice to travel in Canada," she said. "It reduces greenhouse

gases and at the same time it sends a message about our commitment to rebuilding the national railway for freight and people."

Travelling by train, instead of "crisscrossing" the country by plane, will allow her to see all of Canada while using only a fraction of the emissions, May said.

Canadian-made Bombardier trains, capable of travelling 350 kilometres per hour, are used in China and Spain, but not in Canada, she added.

Candidate reveals the 'naked truth'

MONICA MARTINEZ
for Metro Vancouver

NDP A third NDP candidate in B.C. was forced to reveal the 'naked truth' about his past after opposition parties used it to campaign against him.

Julian West, candidate for Saanich-Gulf Islands, issued a statement yesterday on his behaviour at an environmental conference 12 years ago.

"On a number of occasions throughout the weekend I removed my clothing in the presence of minors. Beyond that nothing inappropriate occurred," the statement said. West is not resigning, but two other NDP candidates quit last week due to past behaviour that could be seen as inappropriate.

Kirk Tousaw, who quit on Friday, is the former campaign manager for the B.C. Marijuana Party.



Julian West

Dana Larson, who quit on Wednesday, is the co-founder of the B.C. Marijuana Party and past manager of a Downtown Eastside store that sold coca seeds.

Tousaw was replaced in Vancouver-Quadra by David Caplan, a business lawyer and financial analyst who served 12 years in the Canadian Forces.

Bill Forst replaces Larson in the West Vancouver-Sunshine Coast riding. He's a retired school counsellor and 35-year-resident of Gibsons with a long record of community service.

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AC/DC show sells out in 4 minutes

Four minutes was all it took for AC/DC to sell out GM Place for its Nov. 28 concert. The tickets, which originally sold for \$99.50 each, are now being hawked by scalpers for upwards of \$400.

METRO VANCOUVER

3

Local



World-class music

The Vancouver Symphony Orchestra is recording more than 100 national anthems for the 2010 Olympic and Paralympic Winter Games over the next three days. It'll be led by Grammy and Juno award-winning conductor Bramwell Tovey.

METRO VANCOUVER

Vision picks sliced slate

JEFF HODSON

jeff.hodson@metronews.ca



Vision Vancouver members sliced their political roster in half, announcing yesterday the selection of 16 of 37 hopefuls to run with mayoral candidate Gregor Robertson in the Nov. 15 election.

Over the next three days recounts will be held in a pair of tight races separated by only a handful of votes.

"It was an exciting race that was very competitive," said Coun. Raymond Louie, who received the highest number of votes with 3,746.

"We're happy to see that we've got a very diverse and strong list of people running for us."

Vision is running a co-operative slate with COPE, whose members select candidates Sunday.

Four incumbent Vision

"It was an exciting race that was very competitive."

Coun. Raymond Louie

councillors, Louie, Heather Deal, Tim Stevenson and George Chow received the most votes. Meanwhile, incumbent school trustee and childcare advocate Sharon Gregson beat her closest rival by almost 800 votes.

In two races, Kashmir Dhaliwal squeezed past David Eby by 17 votes. For school board, Kenneth Clement beat Stepan Vdovine by eight votes. Vision spokesman Ian Baillie said recounts would be conducted in those races.

Less than one-third of Vision's 16,000 members voted. Baillie said the turnout was 10 times larger than the Non-Partisan Association's nomination meeting a week before.

Nominations

• CITY COUNCIL

Raymond Louie – 3,746 nominations
Heather Deal – 3,704
Tim Stevenson – 3,271
George Chow – 3,248
Andrea Reimer – 2,988
Geoff Meggs – 2,851
Kerry Jang – 2,387
Kashmir Dhaliwal – 2,240

• SCHOOL BOARD

Sharon Gregson – 2,969
Mike Lombardi – 2,177
Patti Bacchus – 2,053
Kenneth Clement – 1,962

• PARK BOARD

Sarah Blyth – 2,602
Constance Barnes – 2,242
Aaron Jasper – 1,999
Raj Hundal – 1,963



Designer Jacqueline Conoir, left, measures a model for her B.C. Fashion Week show at her studio in Vancouver Friday. Conoir unveils her 2009 spring collection tonight at Dr. Sun Yat-Sen Gardens.

Falling in love with style at B.C. Fashion Week

KIM ELBO
for Metro Vancouver



If you'd love a sneak peek at next spring's fashion, the province's best designers are unveiling their latest creations at B.C. Fashion Week, which kicks off tonight.

This year's theme is love, says creative director Vladimir Markovich.

"The vision for this season portrays the many

faces of this powerful, often consuming, emotion," he said. "Love is all around us, it drives and motivates us."

First up is designer-to-the-stars RozeMerie Cuevas (Sharon Stone, Maria Bello), whose line Jacqueline Conoir has been showcased at the week for a number of seasons.

Other designers include Jason Matlo, Nicole Bridger, Dussault Apparel, Lara Presber, Anna Kostur-

More online

- For this week's runway schedule log on to bcfashionweek.com.

ova and the participants in the much-anticipated competition Generation Next, which features up-and-coming talent.

It all ends on Saturday with a celebrity designer fashion show to the beat of a live band.

News in brief

PROTEST One man was arrested after about three dozen protesters scuffled with police in Port Moody at the departure point of a cross-Canada rail trip promoting the 2010 Olympics.

DEATH RCMP in Surrey are trying to determine whether a woman who died after being found unconscious was murdered. Officers were called to a home near 103rd Avenue and 140th Street after the landlord found the woman inside.

ELECTION Former Ontario NDP Premier Bob Rae was in Chinatown Friday to raise the profile of Liberal candidate Ken Low. Vancouver-East has historically been a strong NDP riding.

HEIST Armed men broke into an Abbotsford home Friday and stole items before dropping them as they ran away across a field. No one was hurt. **METRO NEWS SERVICE**

metronews.ca

What's online today.

Read today's news highlights in Metro Snapshot **Watch** Learn all of Prime Minister Stephen Harper's beauty secrets at www.metronews.ca/canada **Search** for jobs using Metro's Workopolis search **Play** online Sudoku!

Lotteries

Friday, Sept. 19

Lotto Super 7 8, 10, 12, 14, 25, 30 & 39 Bonus 7

Saturday, Sept. 20

Lotto 6/49 2, 10, 24, 31, 33 & 49 Bonus 3

These results are not official.

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4 local

The RCMP is looking for the owner of a portfolio bag that was found full of black and white family photos in Burnaby. Family documents were also found, including a marriage certificate from Nova Scotia.

METRO VANCOUVER

Support key to survival

KRISTEN THOMPSON
kristen.thompson@metronews.ca

People with HIV and AIDS need to feel supported if they're going to invest in their health, said the chair of a B.C. AIDS organization who has lived with the disease for nearly 30 years.

So, when 3,000 people turned out for yesterday's AIDS Walk For Life in Stanley Park, Glyn Townsen said it became clear the community supports people with the disease.

Townsen is the chair of the British Columbia Persons With AIDS Society, which started the walk 22 years ago.

He said people with HIV and AIDS often don't go on medication because they are marginalized or don't feel worthy.

"Obviously I don't look like somebody living with AIDS, but I have stable housing, a support network and a loving family and those are all important when looking at determinants of



Thousands of people turned out to support the AIDS Walk For Life around Stanley Park yesterday morning.

good health," he said.

"There is hope after diagnosis. If you're able to con-

nect yourself with the right services you can lead a very stable life."

Pirate ship to raise booty for charity

MARIA COOTAUCO
for Metro Vancouver

The only thing Andrew Dewberry mourned as he took down his children's pirate ship tree house after a two-year long battle with

the City of Vancouver was the wet weather, the Kerrisdale resident said yesterday.

"It's been wonderful, absolutely wonderful," he said of the supporters who showed up Saturday.

The tree fort was ordered torn down after a neigh-

bour filed a complaint.

The family said the outpouring of support was "universally positive," with strangers knocking on their front door armed with cash donations and flowers.

Dewberry and six volunteers toiled for five hours to take the tree house apart, with the ship to be auctioned off for the Boys and Girls Club of Greater Vancouver Oct. 16.

"I hope it goes to a nice place," he said.

letters

Giuliani gets mixed response

Re: "Giuliani's solutions." No one but (Surrey Mayor) Dianne Watts would think to invite Rudy Giuliani to speak about reform. They think alike. His tactics appealed to the rich New Yorker, but were brutal for the poor, homeless and addicted.

TERRY MCKINNEY, VANCOUVER

Re: "Giuliani's solutions." Bravo! For once someone has been a real leader! He not only had the ideas on how to solve the drug and welfare problems ... But saw that it was done. Did our politicians take note? Will they learn anything from Giuliani?

RUTH RAPSKE, VIA E-MAIL

News in brief

ACCIDENT A 21-year-old man is in hospital with burns and broken bones after being pulled from his burning car with the Jaws of Life yesterday. RCMP Cpl. Alexandra Mulvihill said he was in an accident at Boundary Road and Marine Drive just after 2 a.m. When police arrived the dash was on fire, she said, adding that officers went through 10 fire extinguishers before the fire department arrived. The man was eventually pulled from his car and taken to hospital.

KRISTEN THOMPSON/
METRO VANCOUVER

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5 – 3000 Lougheed Hwy
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Willowbrook Mall
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C7 – 20202 66th Ave.
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Command of Canada's battle group in Afghanistan has been handed over to the Royal Canadian Regiment, based in Petawawa, Ont., and Gagetown, N.B. This is the sixth rotation of troops through Kandahar since Canada's military involvement in the country began in 2002. SOURCE: CBC NEWS ONLINE

Canada



\$4M for 12 years in jail

A Winnipeg man who spent more than 12 years in prison on a wrongful murder conviction has reached a tentative settlement with the city of Winnipeg and province of Manitoba. James Driskell is expected to receive \$4 million in settlement money from the city and the province, according to documents obtained by local radio station CJOB.

SOURCE: CBC NEWS ONLINE

Supermom's work never done

Women retain homemaker role as work responsibilities grow: Study

BRIAN TOWIE
brian.towie@metronews.ca



Neelam, 38, gets up at 4:45 a.m. to cook two days worth of meals for her sleeping family. She gets her nine-year-old son up at 6 a.m. By 7:15, she has dropped him off at school and is racing for the train that takes her to her nine-to-five job in Toronto as a team leader at a paycheque distribution company.

At 7:15 p.m., Neelam, who asked that her last name not be published, arrives home to find Dad with Junior, going over homework. They sit down to a family meal that takes 20 minutes to eat, usually in front of the TV. If Neelam's

Dad's role changing, too

- Fifty per cent of dads say they spend more time with their children than their fathers did, especially British and Spanish fathers at 57 per cent.
- Half of all dads surveyed believe men should be entitled to more paternity leave, while 60 per cent of parents said parents should be able to decide how to spend their maternity and paternity entitlements.

day job hasn't followed her home, she's afforded the luxury of roughly one hour with her family (which often entails making sure Junior's homework is done before he hits the sack at 8:30 p.m.) and maybe a book before everyone heads to bed at 10 p.m. — to do it all over again the next day.

Neelam's case isn't unique. Living La Vida Rapi-da, a worldwide parenting study exclusively released

to Metro's 100 dailies around the world by media research group OMD/AOL, partnering with Ipsos, concludes that while women's responsibilities in the workplace are growing, their traditional homemaker roles remain the same. The survey questioned parents from 13 countries — including the U.K., U.S., Russia, China and Canada — and found career moms can fit 27 hours worth of activi-

ty into 24 hours. Working mothers surveyed said they provide 66 per cent of the day-to-day parenting, compared to 74 per cent for non-working moms. Dads provided 36 per cent of the parental care.

It takes a toll on motherhood. Neelam says she plays the role of sergeant major instead of a sympathetic caregiver. "I don't have as much time to spend as I would like with my son as a mom," says Neelam. "I'm the one who has to make him do things he doesn't want to do."

It's a sentiment echoed by co-worker Sarvjit, 33, also a team manager. "It's just faster for me to do it all myself than waste time trying to find help," she adds.



Career moms like Sarvjit, left, and Neelam fit 27 hours worth of activities in their 24-hour work and family day.

RCMP make big bust on N.S. coast

DRUGS RCMP arrested 12 people after a drug bust in Liscomb, N.S., yesterday.

Police caught smugglers unloading three speedboats loaded with "hundreds of pounds" of cannabis resin. Police said the bust would "have an effect on the market nationally."

METRO CANADA

Quebec cop shot in raid on home

QUEBEC A Quebec provincial police officer is in stable condition after being shot in the abdomen Saturday during a raid on a house about 60 kilometres north of Montreal, CBC News Online is reporting.

METRO NEWS SERVICES

Ottawa World War II memorial



A member of a Canadian Air Force honour guard bows his head in remembrance during a fly-past of vintage World War II aircraft at a ceremony to mark the 68th anniversary of the Battle of Britain yesterday, at the Canadian Aviation Museum in Ottawa.

ETIENNE RANGER/RCMP PHOTO

Publication ban struck down in child-porn trial

COURT A judge has struck down an attempt to bar the public and media from a local child pornography trial that could have had wide-ranging implications for media freedom in Canada.

Justice Nancy Dawson denied an attempt by school principal Linda Carswell to prevent further reporting or public attendance at the trial of her husband, David, an elementary school teacher who was charged in 2005 with possessing child porn on his home computer.

testimony

- In April, Linda Carswell told court in Bradford, Ont., she "felt intimidated" when police took her husband's computer.

Carswell claimed news reports about the trial affected her health and resulted in a whisper campaign of harassment and intimidation that she claimed followed her to London, Ont., when she got a job there.

Dawson issued her ruling against the publication ban Aug. 25, but that decision was itself sealed under another publication ban because Carswell had 30 days to appeal.

The latter ban was lifted Friday.

TORSTAR NEWS SERVICE

News in brief

CALGARY The City Wide Food Drive propelled the Calgary Interfaith Food Bank into the Guinness Book of World Records after collecting 231 tons of food this weekend.

"That is a million dollars worth of food. It is absolutely incredible. It's huge for us and this will go a long way," said Monica Brinck of the food bank.

MELAMINE The Canadian Food Inspection Agency is warning people not to consume a Chinese dessert made with melamine-tainted milk. CBC News Online is reporting that the agency advised people yesterday to avoid Nissin Cha Cha Dessert, made with Yili Pure Milk, which was detected by the Hong Kong government to contain melamine.

METRO NEWS SERVICES



Life or Meth

What if one of your kids was addicted to Meth? How far would you go to get them treatment? CTV News investigates. What some desperate parents have done and why they think BC's laws need to change.

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Election 2008



Ads should have commentary

Behind-the-scenes talk about attack campaigns could uncover meaning

AdVentures

Mike Tennant



What campaign attack ads need is a commentary track, just like the ones that come on DVDs and Blu-ray discs, except these commentaries would tell you what the people behind them are really thinking.

Take the Tory ad warning about "gambling" on Stéphane Dion. A slot machine produces three images of Dion, punch line: Gamble on Dion and —

wait for it — you lose. Switch to a commentary track and I bet you'd hear this:

"Welcome to a 30-second world where Stephen Harper is utterly perfect and Stéphane Dion is absolutely incompetent. Oh, and if you don't mind horribly, we're going to treat you like an idiot, incapable of supporting us on our merits."

"Let's face it — there's no second prize in an election; we can't afford to admit we're mere mortals, or to let you like Mr. Dion, even a little."

"And, frankly, we'd much rather ridicule Mr. Dion than talk about handguns, child poverty, or what Gerry Ritz passes off as a sense of humour."

And the Grits? The Liberal's new "Harper-

nomics" ad accuses the Conservatives of coddling corporate polluters, cutting development programs and engaging in divide-and-conquer politics. Its commentary track might say:

"If you think we can convey complicated economic policy in 30 seconds, you're out of your gourd, pal. So let's stick with name calling. 'Harper-nomics' packs imagery of Ronald Reagan and '80s trickle-down economics into four tidy syllables. How's that for economy?"

"We, too, will treat you like a moron, play-

ing hopeful music and showing pretty pictures when we talk about ourselves and draining colour from the pictures when we talk about Mr. Harper. Remember how all the bad guys in Ben-Hur and Star Wars had British accents so you could tell them apart? Same idea."

"With luck, it will help you forget that little matter of the billion dollars we misplaced in Quebec in the '90s, or that we signed the Kyoto Accord, and — whoops — forgot to act on it."

"Confidentially, we know Canada won't really slide into the sea if you elect the Tories. But until

Numbers

Poll says Tories could win majority

SURVEY The Conservatives stand a good chance of winning a majority in the Oct. 14 federal election, according to a poll released Saturday.

The Ipsos Reid survey for CanWest News Service put the Conservatives at 40 per cent public support. The Liberals dropped two points to 27 per cent while the NDP climbed two points to 15 per cent.

The Ipsos Reid survey of 1,000 Canadians was conducted between Sept. 16 and 18 and is considered accurate to within 3.1 percentage points, 19 times out of 20.

REUTERS

PM coming to Western Canada

Prime Minister Stephen Harper heads this week to Western Canada and will swing back through Ontario, trying to shift focus back onto leadership and stability, after the Conservative campaign hit another bump with the weekend resignation of Toronto Centre candidate Chris Reid.

Harper will continue to make one "practical" announcement a day, which this week will highlight public safety and "assurance" issues for voters, while he will sharpen his attacks on his political opponents, the campaign says.

Even as it tries to gauge the fallout from last week's revelation of a minister's black-humour wise-



Stephen Harper

cracks during the listeria crisis, the Harper campaign contends it had a good week, and Liberal Leader Stéphane Dion had a bad one, resorting to bringing out "ringers,

leadership rivals, to try to help prop up the party," in the words of one official.

Harper intends to try to highlight the costs of promises made by the other parties, while drawing a contrast with the Conservatives' steady trickle of "modest" and "affordable" measures.

With the economy continuing to dominate headlines, Harper is repeating the phrase "global economic uncertainty" in almost every utterance, stressing his leadership.

The campaign does not intend to release a platform document until much later, a summary and costing of promises made over the course of the five-week election campaign.

TORSTAR NEWS SERVICE

Spending

Grits to release platform today

PROGRAMS The Liberals are to release their campaign platform today, spelling out how they plan to pay for their big-ticket promises.

It will flesh out previously announced programs and build around the Green Shift environmental plan, which features a tax on fossil fuels while cutting income taxes to cushion the blow.

The Liberals say the platform, A Richer, Fairer, Greener Canada, will be fully costed and fiscally responsible. "A Liberal government will never put Canada into deficit. Period," the party said in a statement yesterday. That includes a contingency reserve of \$3 billion a year, to be applied to the debt if it's not used.

In the meantime, the Liberals want to frame Prime Minister Stephen Harper in the leadup to the Oct. 14 election as a right-wing zealot who will not only destroy the economy but turn Canada into a northern "Bush lite", a party spokesperson said.

"You can put a sweater on Mr. Harper but it is still Mr. Harper underneath that sweater. His direction and where he is taking this country is something that scares many people in this country," Mark Dunn told the Toronto Star.

TORSTAR NEWS SERVICE

Seats

Byelections delayed

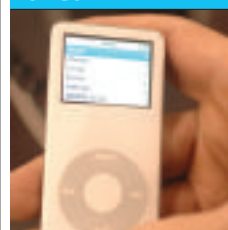
DATE Premier Gordon Campbell announced that provincial byelections will not be called before the federal election on Oct. 14.

Two Vancouver-area MLA seats became vacant when Gregor Robertson and Lorne Mayencourt quit.

Robertson, the former NDP MLA in Vancouver-Fairview, is running for mayor of Vancouver. Mayencourt (Vancouver-Burrard) joined the federal Conservatives as the Vancouver-Centre candidate. The provincial election date is fixed to May 12, 2009.

MONICA MARTINEZ/
FOR METRO VANCOUVER

Tuned in



Layton hopes times a-changin'

MUSIC Reporters travelling with Jack Layton were welcomed into the inner sanctum of his musical tastes when he connected his iPod to the loudspeaker on his campaign plane on the weekend.

As expected, the strains of War by Edwin Starr could be heard, but there was also Kung Fu Fighting by Carl Douglas and Vivian Hawke and Shaft by Isaac Hayes. There was some Canadian content — notably, Four Strong Winds by Ian and Sylvia, Big Yellow Taxi by Joni Mitchell and a lively a capella version of Barrett's Privateers — but Layton was also eager to sing Bob Dylan's The Times They Are a-Changin', and pointed out the political themes. TORSTAR NEWS SERVICE

News in brief

TRAVEL Where the leaders are today: Stephen Harper — Ottawa, Dryden, Ont.; Stéphane Dion — Ottawa, Calgary; Jack Layton — Toronto, Hamilton, Montreal, Quebec City; Elizabeth May — Kamloops, B.C., Jasper, Alta., Hinton, Alta., Edmonton.

TORSTAR NEWS SERVICE

Layton goes to heart of battle

EDMONTON Jack Layton capped off a dizzying week of large-scale promises with a rally in the Conservative heartland of Alberta and plans to move forward by contrasting his ideas with those of Prime Minister Stephen Harper.

"They take the votes of Albertans for granted," the New Democrat leader told the crowd of more than 200 cheering supporters at a rally in Edmonton Saturday. "Well, I say it's time to take Stephen Harper to the woodshed!"

"I say it's time to take Stephen Harper to the woodshed!"

Jack Layton

It was the best version of his stump speech all week. Layton admitted to reporters on the plane later that he played a big role in crafting it, and felt he was "on" while delivering it. But despite the receptive crowd, Alberta has not sent a New Democrat to Ottawa for decades.

NDP spokesperson Brad Lavigne said going to Alberta is not just about the uphill battle to win seats.

Lavigne said "targeting right in the backyard of the sitting prime minister" is also symbolic and encourages voters to compare Layton with Harper.

In Gatineau, Que., yesterday, Layton said if he's elected prime minister on Oct. 14 he would empower provinces, cities, and towns to impose handgun bans.

TORSTAR NEWS SERVICE



NDP Leader Jack Layton speaks with local residents yesterday while campaigning in Quebec.



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Pope Benedict XVI yesterday urged world leaders at this week's UN General Assembly not to allow the global financial crisis to distract them from efforts to try to wipe out poverty and disease. The pope acknowledged that such efforts require sacrifices, but said they would produce great benefits for needy countries. **REUTERS**

World/Business

\$700B market bailout is necessary evil: Paulson

U.S. Treasury Secretary Henry Paulson pressed his case for an unprecedented \$700 billion US bailout of financial markets yesterday as negotiations over the plan opened between the administration and Congress.

The sweeping proposal would have the Treasury buy up bad mortgage-related debts from financial institutions, including U.S. subsidiaries of foreign banks, to try to stem the worst financial storm since the Great Depression.

Two key questions, however, remained unanswered even after Paulson

appeared on four national television talk shows. What price will the United States pay for these toxic debts, which spawned a global credit crisis? When will it start buying them?

Paulson painted the proposed intervention into private markets as a necessary evil, arguing the consequences of inaction would be so dire that the large burden taxpayers would shoulder would be worth it.

"This is not something that we wanted to do. This was something that was

"This is not something that we wanted to do. This was something that was very necessary."

Henry Paulson

very necessary," Paulson said on the NBC Sunday program Meet the Press. "We did this to protect the taxpayer."

New York Senator Charles Schumer, a member of the Democratic leadership, said Democrats would not load up the bill with numerous extra provisions and said a measure to give a lift to

the economy would likely be moved separately.

Still, speaking to reporters on Capitol Hill, Schumer and Senate Banking Committee Chairman Christopher Dodd said the plan needed stronger taxpayer protections and needed to do more to help distressed homeowners. In addition, they said more oversight of the program was essential.

"We totally understand the gravity of the moment ... but you cannot just turn over \$700 billion of taxpayer money and not insist that the taxpayer is going to be protected," Dodd said. **REUTERS**

Business

Leaders target finance 'fat cats'

Britain and France took aim at wealthy bankers and traders yesterday, describing the bonus culture as "perverse" and "unacceptable" as officials sought culprits in the global financial crisis.

Britain's prime minister, France's economy minister and the chief regulator of London's financial markets all pointed the finger at the pay structure among investment banks and brokerages and called for a reining in of excess.

"There's been a great deal of irresponsibility," British Prime Minister Gordon Brown told BBC television. "Mistakes have been

"There's been a great deal of irresponsibility."

Gordon Brown

made in the City. There's an element of the bonus system that is unacceptable ... Everyone knows there is going to have to be changes in that."

So-called "fat cats" in the City — London's financial centre — have been criticized this past week as banks that paid multi-million-dollar bonuses last year moved to the brink of collapse in the stock market meltdown. **REUTERS**

Dance hall blaze kills 43 in China

TRAGEDY A fire at an illegal dance club in Shenzhen, China, just across the border from Hong Kong, left 43 mostly young people dead and another 88 injured in another grim reminder of the country's broken regulatory system.

The fire broke out just before midnight at the packed King of the Dancers club, sparked by a pyrotechnics display on the third floor, said Xinhua, quoting local police as saying.

The owner of the club, located in a blue-collar area about an hour's taxi ride from downtown Shenzhen, was questioned by police while 12 people had been detained, said Xinhua. **REUTERS**

China Farmers crying over spilt milk



A farmer cries after her fresh milk was poured away yesterday due to the closure of a milk factory on the outskirts of Wuhan, Hubei province. Hong Kong supermarkets pulled some milk-powder products from their shelves yesterday and a three-year-old girl was found to have a kidney stone after drinking tainted milk — the island's first suspected victim of a health scare sweeping China.

Nomura, Barclays eye Lehman Bros.

ACQUISITION There are reports Japan's Nomura Holdings is interested in buying Lehman's European operations, while Barclays, which bought Lehman's core business for \$1.75 billion, will bid for more of Lehman's assets, a person familiar with the matter said. **REUTERS**

Transcontinental founder praised

PRINTING Remi Marcoux, founder of magazine and newspaper publisher Transcontinental, was given an honorary life membership by the Canadian Printing Industries Association on Saturday in Halifax. The group's chairman called him a role model. **METRO NEWS SERVICES**

Business in brief

AIRLINES Alitalia's special administrator will make a last-ditch effort to sell the loss-making Italian airline today by public tender before calling in the liquidators. A rescue bid was rejected by unions last week.

ABCP Canada's Supreme Court declined on Friday to hear a legal challenge to a proposed restructuring of the asset-backed commercial paper market, making way for an unprecedented overhaul. **REUTERS**

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Metro is the world's largest newspaper, with more than 23.1 million daily readers in 100 major cities in 23 countries. **metronews.ca**

News in brief

POLITICS South Africa's ruling African National Congress will appoint the country's caretaker leader today after President Thabo Mbeki's ouster by the party yesterday. Mbeki told the nation that he had tendered his resignation just eight days after a judge threw out corruption charges against party leader Jacob Zuma, suggesting there was high-level political meddling in the case. **REUTERS**

Al Qaeda suspected of hotel blast

PAKISTAN A suicide bomb attack that killed 53 people at the Marriott Hotel in Pakistan's capital of Islamabad bore the hallmarks of an operation by al Qaeda or an affiliate, Pakistani and U.S. intelligence officials said yesterday.

Teams combing the burnt shell of the hotel found more charred bodies after the blast on Saturday evening ignited a blaze that swept through the ho-

Key target

- The hotel is Pakistani-owned, but Marriott is a U.S. franchise. There is only one other five-star hotel in Islamabad.

tel, part of a U.S.-based chain and a favourite haunt of diplomats and wealthy Pakistanis.

"The sophistication of the blast shows it's the

work of al Qaeda," a Pakistani intelligence officer told Reuters.

Four foreigners were killed and two others are missing.

The Interior Ministry said 266 people were wounded, 11 of them foreigners, after the bomber blew up a truck packed with 600 kilograms of explosives including artillery shells, mortar bombs and shrapnel. **REUTERS**

Choose the train

If one million people commuted by train instead of by car, we could eliminate 1.2 million tons of CO₂ per year, according to The Live Earth: Global Warming Survival Handbook by David de Rothschild. **METRO NEWS SERVICES**

Going Green

Forest-friendly timbers

When building or renovating, choose forest-friendly timbers and support eco-forestry operations, according to *Greenology: How To Live Well, Be Green And Make A Difference* by Tanya Ha. For more information, see www.fsc.ca or www.certifiedwood.org.

METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONWS.CA

Forests provide a critical 'hedge'

Better ways needed to manage activities, put real value on these ecosystems

ScienceMatters

David Suzuki & Dr. Faisal Moola



How much is a forest worth? And how do we calculate that value? Do we simply count the trees and figure out how much we could get for them if we were to cut them down and turn them into logs, lumber, and pulp and paper?

That's been the tradition-

al approach, but it hasn't served us well. A forest is much more than the timber it holds. A forest provides habitat for wildlife, recreational opportunities for hikers and hunters, a place for quiet contemplation, and filtration and storage of drinking water. And because forests scrub carbon dioxide from the atmosphere and store it in their trees and soils, they are a critical "hedge" against global warming.

When we take into account all the ecological benefits, or services, a forest provides, we have to re-evaluate the way we make decisions about how we manage them. Clear-cut-

ting an old-growth forest

When we take into account all the ecological benefits, or services, a forest provides, we have to re-evaluate the way we make decisions about how we manage them.

may provide temporary jobs and profits, as well as two-by-fours to build homes and furniture, but if it also results in the release of carbon stored in the trees and soil, thus contributing to global warming, or if it wipes out the habitat of an animal that is crucial to the natural order, then the short-term gains may not be worthwhile.

Two new reports illus-

trate the idea of taking into account the full suite of values that a forest represents, or its "natural capital," when making decisions about resource management. Dollars and Sense: The Economic Rationale to Protect the Spotted Owl Habitat in British Columbia, and The Real Wealth of the Mackenzie Region: Assessing the Natural Capital Values of a Northern Boreal Ecosystem

both argue for a more holistic approach to managing our natural ecosystems.

For a long time, we've only considered the immediate market value of resources when making forest-use decisions. In doing so, we've ignored the enormous value of the ecosystem services that are critical to biodiversity, human health, and community well-being. Although it's not easy to put a dollar value on things such as carbon sequestration and storage, water filtration, clean-water availability, and species diversity, it's foolish to leave them out of the equation.

Taking into account all the values of a forest does-

n't mean an end to logging and mining; it just means finding better ways to manage all our activities in these ecosystems — and it means putting a value on the very real services they provide.

If we don't address the serious problems of global warming and biodiversity loss, as well as issues such as access to clean air and water, we may well join the spotted owl on the endangered list.

Take David Suzuki's Nature Challenge and learn more at www.david.suzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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The Buffalo Sabres announced they have signed general manager Darcy Regier to a two-year contract extension. Regier, who has been the GM of the team since 1997, is entering his 12th year as GM of the club and his current contract will carry him through to 2010-11. **METRO NEWS SERVICES**

Sports



Spain downs U.S. in Davis Cup

World No. 1 Rafael Nadal, left, humbled Andy Roddick with a clay-court masterclass yesterday to knock the defending champion United States out of the Davis Cup and send Spain through to their sixth final. Concerns that Nadal was too tired to shine after playing 103 matches this year were banished as he dismissed the world No. 8 6-4, 6-0, 6-4 in two hours, 12 minutes to win Spain the best-of-five tie 4-1.

REUTERS

EDITOR: SPORTS@METRONews.CA

Vigneault blasts Wellwood

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

Apparently **Alain Vigneault** didn't buy all of the positive spin that the Canucks have put on the **Kyle Wellwood** signing earlier this summer.

Vigneault did not mince words in Whistler yesterday when critiquing Wellwood's lack of conditioning.

While the bench boss concedes that Wellwood has made strides since the team originally tested him in July, he also made it very clear that Wellwood's fitness is not up to NHL

standards.

Vigneault also suggested that if it doesn't improve enough over the next couple of weeks, Wellwood will be looking for work elsewhere. Skill has never been the issue for the former Maple Leaf, but his reputation for being as lazy as he is talented may result in a very short stint on the west coast of Canada.

Wellwood has his first real chance to impress Vigneault tonight, as he is part of the Canucks contingent that will travel to Edmonton to take on the Oilers in the first pre-season game for either team. Those not making the trip will await whatever squad the Oilers send for tomorrow night's rematch.

• It's taken nearly a month, but the B.C. Lions

are starting to get their mojo back.

It was just over four weeks ago that the Leos found themselves on the wrong side of a game-deciding goal-line stand in Montreal.

Saturday night in Saskatchewan, it was the Leos refusing to concede the game-winning points on third and goal from the one-yard line, making the victory as symbolic as it was impressive. It was certainly not the most aesthetically pleasing win of the seven B.C. has registered this season, but perhaps that's the point.

The Lions are once again finding ways to win on nights when they're not at their best. When the second half of the season began, first place in the West seemed unattainable.

But all of a sudden, the Lions are the hottest team in the CFL and are just one game out of top spot in the division.

However, the big concern in B.C. is the status of quarterback **Buck Pierce**, who was forced to leave Saturday's game after being knocked out cold courtesy a **Maurice Lloyd** tackle. Pierce has introduced consistency to the Lions offense and its no coincidence that three straight wins have followed.

It's certainly not dire straights if **Jarius Jackson** is forced back into the job he's held for most of the season, but Pierce has proven to be the better option when healthy this season.

How to make a Scott Rintoul: Mix equal parts college athlete, sports fan and broadcaster. Shake vigorously.



An upbeat United States team won the Ryder Cup for the first time in nine years yesterday.

U.S. reclaims Ryder Cup

GOLF An upbeat United States team inspired by rookie Anthony Kim won the Ryder Cup for the first time in nine years yesterday, beating Europe by 16½ points to 11½.

Kim crushed Sergio Garcia 5&4 in the top encounter to set the tone for the Americans before Jim

Furyk secured the decisive point with a 2&1 victory over Spaniard Miguel Angel Jimenez at a sun-drenched Valhalla Golf Club.

It was Europe's heaviest defeat since they were pummeled 18½ to 9½ at Walton Heath in 1981, and ended a run of three successive wins.

REUTERS

FEELING THE HEAT

Is the BC government's environmental plan full of hot air?

Join CBC Vancouver as we investigate BC's ambitious green agenda. What will it cost you for the plan to succeed?

- CBC News: Vancouver at Six
- The Early Edition on CBC Radio One 690 AM
- cbc.ca/bc

A CBC special series
September 22 - 25



Yankee Stadium closes its doors

MLB New York's Yankee Stadium saw what will likely be its last pitch yesterday.

Thousands of fans streamed into the stadium earlier in the afternoon to take pictures, run the bases and soak in the atmosphere.

Next season the Yankees move across the street to a new \$1.6-billion US stadium complex.

REUTERS

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Boston 3 Toronto 0
Chicago White Sox 3 Kansas City 0
Cleveland 10 Detroit 5
L.A. Angels 7 Texas 3
Minnesota 4 Tampa Bay 1
N.Y. Yankees 7 Baltimore 3
Oakland 5 Seattle 3
NATIONAL LEAGUE
Arizona 13 Colorado 4
Atlanta 7 N.Y. Mets 6
Chicago Cubs 5 St. Louis 1
Houston 6 Pittsburgh 2
Milwaukee 8 Cincinnati 1
Philadelphia 5 Florida 2
San Diego 6 Washington 2
San Francisco 1 L.A. Dodgers 0 (11)

NFL

WEEK 3

YESTERDAY'S RESULTS

Atlanta 38 Kansas City 14
Baltimore 28 Cleveland 10
Buffalo 24 Oakland 23
Denver 34 New Orleans 32
Jacksonville 23 Indianapolis 21
Miami 38 New England 13
Minnesota 20 Carolina 10
N.Y. Giants 26 Cincinnati 23 (OT)
Philadelphia 15 Pittsburgh 6
San Francisco 31 Detroit 13
Seattle 37 St. Louis 13
Tampa Bay 27 Chicago 24 (OT)
Tennessee 31 Houston 12
Washington 24 Arizona 17
Dallas 27 Green Bay 16

TONIGHT'S GAMES

N.Y. Jets at San Diego, 5:30



Enrolment boom in SIAT trades programs

The Saskatchewan Institute of Applied Science and Technology is experiencing an enrolment boom, so much so that school officials say they are running out of classroom space. SIAT has had a 41 per cent increase in enrolment in trades.

METRO NEWS SERVICES

13

Workology

Worth finishing

Apprentices who complete their program are more likely to have full-time jobs and earn substantially higher wages than those who do not finish, according to new Statistics Canada data.

METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Let's twist again...

OddJobs

Diane Peters



Debbie Stevens twists balloons to entertain kids, but she could capture the imagination of little ones long before she knew how to make a dog out of a balloon.

The stay-at-home mom ran a homecare centre back in the mid-1980s. She became known around her neighbourhood in Bowmanville, Ont., for her storytelling and ability to connect with kids.

One day, a friend asked her to provide the entertainment for a birthday party. Stevens performed magic, told stories and ran games. That led to more parties. Needing more tricks, she got a book from the library on balloon animals.

She took to this unusual art form right away. "Within a few weeks I got bored and came up with my own designs," says Stevens, now 44.

Eventually, Stevens got hired to sculpt balloons at corporate events such as grand openings, Christmas parties and company picnics. Through those, she got hired by the Toronto Maple Leafs to work the lobby of Maple Leaf Gardens (that was in 1999, the team's last year in the arena). She handed out her business card and got a lot more work.

When she does events, Stevens twists anywhere from three to twelve balloons to make various animals, cartoon characters like Spiderman or Buzz Lightyear, or even create a wearable costume and turn a child into a walking butterfly or dragon.

"When I create, I'm not just making a balloon. I'm telling jokes, I'm bonking kids on the head with balloons, it's very animated," says Stevens. She adores children and considers keeping them amused just as important as twisting.

At home, Stevens will spend hours designing new creations. She uses a picture of a cartoon character or real-life animal, or sometimes just invents out of her imagination.

Balloon work relies on about a dozen moves: Loops, bubbles, spirals and various weaves. Stevens figured out the basics from that first book and picked up more at a balloon-twisting conference in 2003.

In 2005, Stevens created a live black-lit show using music, huge balloon creations and the help of her two sons and husband onstage while her daughter acted as stage manager. Recently, since her two sons are in university, she's started a solo show that runs with her 14-year-old daughter's assistance.

Yes, The Twisted Ones is now a full-time business. Stevens spends weekdays doing administrative work and designing while the weekends are booked solid with gigs.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

Baby boom fizzles, auto trades booming

HOLLIE LATULIPPE
for Metro Canada



Workers are needed in auto to trades across the province, and this could be an opportunity for young people to jump behind the wheel of a rewarding, well-paying job.

The baby boomers are retiring and employment in the sector is in high demand, said the dean of the Centre for Transportation Trades at Vancouver Community College.

"There is a shortage of auto-trades people. As the workforce ages and people retire, there is lots of opportunity to move in," said Stephanie Jewell.

An auto trade is a good career for people who like to work with their hands and engines, she said.

There are a wide variety of jobs available and you are "always upgrading and improving your craft."

These jobs include commercial transporters, diesel mechanics, auto collision and auto finishing.

"You aren't doing one thing over and over again. You can choose to work for a boss, or strike out on your own," she said.

For Devlin McKraken, 23, his prep and painting schooling at VCC led to working at Reflections Truck Body Repair in Surrey.

"I kind of fell into it. I knew someone who worked here, and I started



Devlin McKraken, 23, at Reflections Truck Body Repair in Surrey, where he works as a painter apprentice after completing prep and painting schooling at Vancouver Community College.

as a helper," he said.

McKraken has worked at the shop for almost five years and is now a painter apprentice. He does painting and detail work with trucks and a few cars.

"These are good guys to work with. I like working with my hands," he said.

It was easy for him to find his job, he said, and many of his classmates were able to find work as well.

For those interested in becoming an auto-trade worker, Jewell recommends going online at vcc.ca.

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Mobile communication, especially text messaging, is gaining popularity among college students. According to a recent Harris Interactive poll, 90 per cent of U.S. college students said they owned a cellphone, and 70 per cent said they used text messaging.

METRO NEWS SERVICES

Procrastination rampant in school

BRIAN COULTON
for Metro Canada



Save this article for later. You do have e-mails to check, wall posts to make on Facebook, an afternoon shift and a friend's gig to go to tonight. Plus, you'll get to it right afterward ... right?

Not quite, according to the Chronicle of Higher Education. The college and

university focused newspaper reports 70 per cent of post-secondary students usually procrastinate. Compare that to the general population, of whom only 20 per cent put tasks off and students start looking like the young slackers they're reputed to be.

But before writing off more than one-million students who returned to college and university this month, comparing their cir-

cumstances to preceding pupils might help explain just why so many of them delay.

"Students have way more things on their plate now than they did 10 or 15 years ago. They are balancing a lot more than a student club," says Christie Goode.

She's the Vancouver-based creator of HomeworkTree.com, a new online planning resource for post-secondary students that helps them to allocate time to complete assignments and offers homework tips.

Goode says the context of university creates a perfect environment for procrastination. "(University) is a unique environment that breeds this possibility. It's a social and work context that doesn't happen in oth-



Students are much more likely to put off tasks than the general population, studies suggest.

er areas of life." She chalks up that circumstantial distinction to the abundance of long-term deadlines, extra-curricular activities and free time only typical of students.

In spite of the educational tie, Goode says student procrastination can put more than just grades at risk.

Health impacts like higher stress and depression and ethical impacts like increased cheating and plagiarism are just some of the added consequences Goode says procrastination leads to.

To avoid such dangers, she suggests becoming gradually more intentional

about assignments. "Exercising a little bit of discipline every week to reach a goal goes a long way in exercising that muscle." The "muscle" is self-control, says Goode; a function Australia's Macquarie University found can be strengthened through exercise like any muscle in your body.

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LIBERAL LEADER STÉPHANE DION TO SPEAK TO BURNABY BUSINESS COMMUNITY

On **Tuesday, September 23rd, 2008**, the Burnaby Board of Trade will be hosting a special breakfast featuring the Honourable Stéphane Dion, leader of the Liberal Party of Canada. During this event, Mr. Dion will be speaking about the Liberal Party Platform.



Stéphane Dion, leader of the Liberal Party of Canada

This event will take place 7:30a.m. to 9:30a.m. at the Firefighters Club Banquet and Conference Center Burnaby, located at 6515 Bonsor Ave. Burnaby. Tickets are \$30 for members and \$40 for non-members, and includes a full deluxe breakfast. Tables of eight are available at \$220 for members and \$300 for non-members. All prices are exclusive of GST.

For more information or to register, please call 604-412-0100 or e-mail admin@bbot.ca

Burnaby Board of Trade www.bbot.ca 604.412.0100

New sis for Sarah

Sarah Chalke's getting a new sister on *How I Met Your Mother*. Danneel Harris has replaced Sara Paxton as Stella's sibling Nora.

EW.COM

15

Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.CA

It's undecided

The return for a second season of reality TV show *Denise Richards: It's Complicated* is still being decided, contrary to earlier reports, TV executives at E! have said.

IMDB.COM



John Adams = Emmy

BRIAN COULTON
for Metro Canada



Although it got off to a comically rocky start, the 60th Prime time Emmy Awards successfully picked up steam in Los Angeles last night with miniseries *John Adams* walking away as the night's big winner.

The HBO biopic that retells the first decades of the United States won five awards including the honour for Outstanding Miniseries. Paul Giamatti and Laura Linney won awards for Outstanding Lead Actor and Actress in a Miniseries or Movie and Tom Wilkinson won for Outstanding Supporting Actor in a Miniseries or Movie for the show. John Adams also won the categories' Outstanding

Writing award.

30 Rock was the night's top victor among comedy shows, winning the award for Outstanding Comedy Series. Tina Fey netted two awards, for Outstanding Lead Actress and Outstanding Writing and Alec Baldwin won Outstanding Lead Actor for the show.

Other comedy honours went to Jeremy Piven for Outstanding Supporting Actor for *Entourage*, his third consecutive win in the category and Jean Smart of *Samantha Who?* for Outstanding Supporting Actress.

Awards for drama series were largely distributed among nominees. *Mad Men* won two awards for Outstanding Drama and Outstanding Writing. Outstanding Lead Actor and Ac-

tress awards went to Bryan Cranston for *Breaking Bad* and Glenn Close for *Damages*, which also saw Zeljko Ivanek win for Outstanding Supporting Actor. Dianne Wiest won for Outstanding Supporting Actress for her role in *In Treatment*.

The show opened with the five inaugural nominees for new Emmy category Outstanding Host for a Reality Program who took to the stage with a luke-warm opening display lacking chemistry and (more embarrassingly) audience laughs.

Tom Bergeron, Heidi Klum, Howie Mandel, Ryan Seacrest and Jeff Probst, eventual winner of the hosting award for *Survivor*, struggled through their awkward introduction before randomly inviting

William Shatner from the audience. He and Bergeron proceeded to rip Klum's black-tie suit off her body, revealing a sparkling black ensemble.

Thankfully, later appearances by comedians Ricky Gervais, Don Rickles and Jimmy Kimmel redeemed any salvageable comedic value.

Singer Josh Groban maintained excitement, charmingly delivering musical renditions of themes from over 25 shows including *Friends*, *South Park* and even *COPS*. Tributes were also made to memorable program locales like the diner in *Seinfeld*, *Desperate Housewives'* Wisteria Lane and the living room from *The Simpsons*.

• For a complete list of winners, go to emmys.tv.



Actor Jeremy Piven kisses Amy Poehler's stomach after winning the Emmy for Best Supporting Actor, Comedy Series for *Entourage*, as Tina Fey looks on during the 60th Primetime Emmy Awards held at the Nokia Theatre in Los Angeles yesterday.



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Stiles' Broadway debut

Actress Julia Stiles is set to make her Broadway debut with a reprisal of her role in the hit play *Oleanna*. **IMDb.COM**

Author reveals family crippled by suicides



Blue Genes

Author: Christopher Lukas
Publisher: Doubleday
Price: \$27.95 (Hardcover)

In *Blue Genes*, Christopher (Kit) Lukas tells the real-life story of his family's past and the delicate relationship with his brother Tony. While Kit found his calling behind the scenes in television, Tony flourished as a Pulitzer Prize-winning journalist. The suicide of a depressed Tony in 1997, however, recalled all too well the death of their mother by her own hand when they were just little boys. *Blue Genes* allows Kit an outlet to reflect on how depression has ravaged the lives of those close to him and how to navigate the difficult road toward escape.

Brian Coulton/for Metro Canada



BookPicks

The Heretic's Daughter

Author: Kathleen Kent
Publisher: Little, Brown and Company
Price: \$27.95 (Hardcover)

The Heretic's Daughter retells a dark chapter of American history during the 17th century Salem witch trials as Sarah Carrier Chapman recalls her upbringing on a Massachusetts farm outside Salem. Kathleen Kent recaptures the arcane period, etching an image of Martha Carrier, from whom the author is descended. While grim, the story is told with a powerfully intimate touch.

Brian Coulton/for Metro Canada



Miss Chopsticks

Author: Xinran
Publisher: Vintage
Price: \$21.95 (Paperback)

Inspired by Xinran's work as a journalist probing the lives of Chinese women in arranged marriages, *Miss Chopsticks* explores what it means to be female living in modern China. The novel introduces the Li sisters (named Three, Five and Six after their birth order) who quickly learn that it's a man's world. The three are brought up with ideas of women as serviceable compared to their male counterparts. When they move from their rural village to the big city of Nanjing, the sisters learn how the place is one of cultural metamorphosis and a breeding ground for change.

Brian Coulton/for Metro Canada



Bill Kaulitz of German rock band Tokio Hotel performs on stage during the Rock in Rio music festival on June 28, 2008, in Arganda del Rey, near Madrid.

Tokio Hotel whip up foreign frenzy

Four fresh-faced rockers are transforming the fringe esoteric image of German pop into the new global teenybopper cool.

Tokio Hotel — a four-some whose origins date back to 2001 — are fronted by spiky-haired singer Bill Kaulitz, 19. His identical twin brother, Tom, is the band's guitarist.

Together with their slightly older rhythm section, Georg Listing and Gustav Schaefer, the brothers have sold almost 3 million CDs and DVDs, packing venues throughout Europe and Japan.

Girls in such countries as

English release

• In the United States, the band's English-language album *Scream* peaked at No. 39 on the Billboard 200, and they won the fan-voted best new artist award at the MTV Video Music Awards in Hollywood earlier this month.

Poland and France are learning German in order to understand Bill Kaulitz's lyrics of teenage disaffection. In Israel, where editorial writers worried about the historical ramifications, tens of thousands of

fans signed a petition to get Tokio Hotel to play in Tel Aviv last year, and the band obliged — to a huge open-air crowd.

Tokio Hotel owe their success to "the professional and meticulous work of a team of producers and managers who maintain control over their 'product' at all times," German music journalist Olaf Tost says.

The Los Angeles Times described Tokio Hotel as a "young emo-glam outfit" who sound like "the Jonas Brothers covering Guns N' Roses."

REUTERS

In brief

MUSIC During a recent appearance on his Sirius XM satellite radio station, rapper Eminem said that he may release an album later this year.

GAMES Velvet Revolver guitarist Slash let it slip to Rolling Stone that Guitar Hero is working on a Jimi Hendrix special edition akin to what it did with Aerosmith.

COURTS British pop star George Michael apologized to fans yesterday and promised to "sort himself out" after his arrest by police for possession of drugs. Michael, 45, was arrested Friday afternoon.

REUTERS

Drummer, DJ set for 'full recovery'

CRASH There is promising long-range news on the medical condition of plane-crash victims Travis Barker and DJ AM, reports people.com.

The medical director of the Georgia burn center where the two are being treated after their escape from a fiery plane crash around midnight Friday said yesterday that both critically injured men are expected to make full recoveries.

Dr. Fred Mullins of the Joseph M. Still Burn Center at Doctors' Hospital in Augusta said that former

Blink 182 drummer Barker, 32, and DJ AM (real name: Adam Goldstein), 35, are being treated for second- and third-degree burns.

Mullins said recovery from such burns can take as long as a year, but added that the men suffered no other injuries. "Since both are in overall good health and didn't suffer from any other crash-related complications, a full recovery is expected."

METRO NEWS SERVICES



Travis Barker

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Gervais no "comedy pirate"

Funnyman Ricky Gervais, right, has revealed he turned down a leading role in the lucrative Pirates Of The Caribbean film franchise because he didn't want to play "a comedy pirate" on the big screen. IMDb.com



Oprah picks novel about boy, dog

BOOKS Debut author David Wroblewski took more than 10 years writing his first novel but now Oprah looks destined for overnight success, chosen by influential U.S. talk show host Oprah Winfrey as her latest book club pick.



Oprah

Oprah on Friday named The Story of Edgar Sawtelle by Wroblewski as the 62nd pick for her book club, saying the debut novel was "right up there with the greatest American novels ever written."

"It's everything you want a book to be," Oprah said in a statement.

Dr. Oz cleared for launch in 2009

TALK Just days into the 2008-09 season, talk show Dr. Oz has been cleared in 40 per cent of the country for a fall 2009 launch.

Oz, from Oprah Winfrey's Harpo Prods., features Oprah regular Dr. Mehmet Oz. It becomes the first first-run syndicated show to announce station clearances for next year, with most of those primarily in afternoon slots.

Distributor Sony Pictures Television has sold the show in 13 of the top 20 markets, including the Fox-owned stations in New York, Los Angeles and Chicago.

REUTERS

going out

8 p.m. Melissa Endean with guest Eddie Warren, perform live. At The Wired Monk, 2610 West 4th Ave. Info: myspace.com/melissarendean.

8 p.m. DJ Sinden and Nacho Lovers spin a unique remixes and mashups. At The Modern, 7 Alexander St. Tix: \$10 advance. Info: dhmbars.ca.

9 p.m. Sneaky Kiki's Girlsque present Magic Box. At Plush Nightclub, 750 Pacific Blvd. Tix: \$15. Info: 604-669-8980.

10 p.m. Soulstream, featuring a live funk and soul band. At Republic, 958 Granville St. Info: dhmbars.ca.

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Heroes up to old tricks

IntelleVision



JUST FOR ONE DAY: The Q rating — one of those strange quasi-scientific phantasms of the marketing business — is a way of measuring the emotional appeal of anything from a politician to a breakfast cereal, and according to a recent study done by Marketing Evaluations Inc., the company that came up with the Q test back in the Mad Men era of 1963, Survivor, Heroes and House are the leading primetime Q scorers.

According to Marketing Evaluations, the Q score is an indicator of "the commitment that key viewers have to continue watching a show into the future," which would be a very big deal for a show like Heroes, which got off to a roaring first season and had its inevitable sophomore slump amplified rather sharply by having its second season cut in half by the writers' strike last winter, which forced series creator Tim Kring and his writers to cut a whole storyline they'd had planned for the second half of the season.

Season two ended with the usual cliffhanger, one that felt like a pointed reference to the 1968 assassination of Robert F. Kennedy — Nathan Petrelli (Adrian Pasdar) lying on the ground with two bullets in his chest, cradled by his brother Peter, shot by an unknown gunman just as he was about to blow the lid on the whole mutant underground/The Company thing. Season three begins tonight four years in the future — some rain-slicked one where everyone dresses in black and slicks back their hair; why, I'm moved to ask not for the first time, does the future so often look like Berlin in the '80s?

Peter Petrelli (Milo Ventimiglia) is on the run from some shadowy mob, and ducks into the usual convenient empty warehouse to find Claire (Hayden Panettiere) pointing a gun at his head, obviously well pissed at him for some as-yet-unspecified king hell betrayal. Kring has named the show's third chapter Villains, and it seems like Peter has passed over to some kind of dark side in one of the multitudinous alternate futures that the show spins off like chunks of bald tires on the shoulder of some well-used highway.



Milo Ventimiglia, left, stars as Peter Petrelli and Hayden Panettiere stars as Claire Bennet in a scene from Heroes.

The preview disc I saw only included half of the 2-hour season premiere, but it set a brisk pace from the first minutes — a welcome change from the previous season's occasional torpor

— and tossed up a few new balls for the new season to keep in the air. There's a new side to Sylar, it seems, at least a couple of the once superpower-free civilians in the cast look like they've been given an upgrade, and Nathan gets religion. You didn't really think he was dead, did you? He's not the only Lazarus, though, which highlights my biggest problem with the show: with all those powers ricocheting around, death is often just an inconvenient stumble, and you can usually count on any given corpse showing up an episode or two later. It's the oldest comic book storyline switchback in the book, but it does absolutely nothing to ramp up the dramatic possibilities of the show, since it lowers the stakes to negligible, somewhere between a videogame and the "They killed Kenny!" gag that even South Park saw fit to drop after a few seasons.

Rick McGinnis writes about music, movies, books and television

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
251	308	9	CBC	Coronation St.	Jeopardy! (N)	The Englishman's Boy (2008) (Part 2 of 2) Michael Thieriault.	CBC News: The National (N)	(05) The Hour				
255	358	9	JOY	El News	The Insider	Til Death	How I Met	Do Not	Worst Week	Boston Legal (CC)	News (N)	
254	-	9	M	Two/Half Men	Two/Half Men	Mandarin News	Cantonese News (N)			Punjabi News (In Punjabi) (N)	Metropia	
250	321	9	CTV	eTalk (CC)	Hollywood	Dancing With the Stars (Season Premiere) (Same-day Tape)	Heroes The Identity of the shooter is revealed. (CC)	(01) CSI: Miami (CC)	News (N)			
-	-	10	OMNI	Scrubs (CC)	According-Jim	Stargate SG-1 "Emanicipation"	One Tree Hill (N) (CC)	The Daily	Perspectives	New Day		
252	336	11	GTU	Entertainment	ET Canada	Prison Break (N) (CC)	Heroes The identity of the shooter is revealed. (CC)	News (N)				
256	389	11	VI	Robson Arms	TMZ (N) (CC)	Sarah Connor Chronicles	Two/Half Men	TBA	The Mentalist "Pilot" (CC)	News (CC)		
253	359	11	CITY	Law & Order: SVU		GoldenEye *** (1995) Pierce Brosnan. A weapon's theft sends Agent 007 to Russia. (CC)	Reviews					
-	-	11	CW	Deal-No Deal	Deal-No Deal	Gossip Girl "The Ex-Files" (N)	One Tree Hill (N) (CC)	Seinfeld	Seinfeld	Frasier (CC)		
289	381	11	CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Worst Week	(01) CSI: Miami "Resurrection" (CC)	News (N)	
287	379	11	NBC	Evening Mag.	Inside Edition	Heroes (N) (CC)	Heroes The identity of the shooter is revealed. (CC)	News (N)				
602	568	11	W	Will & Grace	Friends (CC)	How Clean	House	Love It or List It (N)	Real Est	Kim	House	
288	380	11	ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars (Season Premiere) (Same-day Tape)	(01) Boston Legal (CC)	News (N)				
-	-	11	KVOS	M*A*S*H	Seinfeld	Finder's Fee *** (2001) Erik Palladino, James Earl Jones.	King	Still Standing	Scrubs (CC)			
291	383	11	PBS	Stevens Europe	Antiques	Antiques Roadshow (CC)	Carole King: Welcome to My Living Room	Change Your Brain, Change				
290	382	11	FOX	Two/Half Men	Two/Half Men	Sarah Connor Chronicles	Prison Break (N) (CC)	News (N) (CC)	Family Guy			
-	364	11	PBS	American Experience	Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)	Antiques Roadshow (CC)			
296	654	11	SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
298	653	11	TLA	Two/Half Men	Two/Half Men	Gossip Girl "The Ex-Files" (N)	One Tree Hill (N) (CC)	KTLL Prime News (CC)	Friends (CC)			
297	651	11	WGN	WGN News at Nine (N) (CC)	Family Guy	Two/Half Men	Sex and-City	Friends (CC)	Will & Grace	My Wife-Kids		
295	652	11	WXP	CW11 News at Ten	Two/Half Men	Friends (CC)	Will & Grace	According-Jim	Frasier (CC)	Odd Couple		
199	311	11	STR	News (N)	News	Late Show-Letterman	ET Canada	Entertainment	Psych (CC)			
502	390	12	NW	Daylight Robbery (N) (CC)	CBC News: The National (N)	CBC News: The National	Daylight Robbery (CC)	The Hour				
500	500	12	CNN	Anderson Cooper 360 (CC)	Larry King Live	World Combat League (CC)	Sportsnet Connected	Sportsnet				
407	419	12	RSP	NHL Preseason Hockey: Canucks at Oilers	Sportsnet							
400	400	12	TSN	NFL Football: Jets at Chargers	SportsCentre (Live) (CC)	UEFA Weekly	Triathlon: Ironman	SportsCentre				
411	457	12	OLN	Departures "Thailand" (CC)	Pilot Guides (CC)	Don't Forget Your Passport	Mantracker "Josh & Kyle"	Departures				
410	403	12	SCR	WWE Monday Night Raw	(15) Score Tonight	WWE Monday Night Raw (CC)						
417	406	12	SC	Barrett-Jackson	Pinks	Pass Time	This Week in NASCAR	Big Shots: Titans at the Tee	Auctions			
416	409	12	GLF	(6:00) Fútbol	Go! TV News	2010 Report	Paid Program	Kings Club	Go! TV News			
552	543	12	YTV	The Next Star "The Buzz"	Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Prank Patrol	Mystery Hnt.	
555	545	12	TEL	George	Bugs Bunny & Tweety Show	6teen (CC)	Total Drama	Futurama	American Dad	Chicken	Life's a Zoo	
557	541	12	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory In House	Zack & Cody
553	546	12	TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	The Bittles	Big Comfy
268	354	12	KNO	Undersea	Landscape	Hockey: A People's History	Van Gogh: The Journey's End	Corporations	Home Imp.	Home Imp.	Ed (CC)	
575	583	12	CMT	Home Imp.	Home Imp.	Karaoke Star "Toronto, ON"	Reba (CC)	Hope & Faith	So You Think You Can Dance Canada (CC) (DVS)	MuchVibe		
570	580	12	MM	Legally Blonde (CC)	MuchVibe (CC)	Holmes on Homes (CC)	Design U	Home to Stay	Property	House	Location, Loc.	
600	564	12	H&G	Location, Location, Location	Paranormal	Paranormal	Intervention Heroine; addition.	Intervention "Caylee" (CC)	Paranormal			
615	520	12	A&E	Paranormal	CSI: NY "Open and Shut"	CSI: NY "Open and Shut"	Jon & Kate Plus 8 (CC)	Jon & Kate	Jon & Kate	Little People		
628	584	12	SPKE	CSI: NY "Oedipus Hex" (CC)	Kids by the Dozen (CC)	Painkiller Jane "Breakdown"	Without a Trace (CC)	Confessions of a Pop Performer (1975) (CC)	Project Runway (CC)	Trading Sp		
521	560	12	TLN	Jon & Kate	Jon & Kate	Without a Trace (CC)	Wedding SOS "Party Mamas"	Verminators (CC)	Night Jobs New York jobs.	MythBusters		
516	522	12	SHO	Love-Death	Love-Death	Law & Order "Monster" (CC)	End of Leash	Spoiled	Dirty Jobs New York jobs.	NCIS "Friends and Lovers"	Crime Stories	
602	523	12	BVO	Moments in Motion (CC)	Law & Order "Monster" (CC)	End of Leash	Spoiled	Dirty Jobs New York jobs.	NCIS "Friends and Lovers"	Crime Stories		
601	562	12	SLC	Project Runway (N) (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	
520	505	12	DIS	Dirty Jobs New York jobs. (N)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	
522	506	12	HIS	NCIS "Friends and Lovers"	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	Daylight Robbery (CC)	
627	528	12	SPC	Eureka "Best in Faux" (CC)	Stargate SG-1 (CC) (DVS)	Lost "Solitary" (CC)	Sex and-City	Sex and-City	Planet Soap	Reality	Final 24 (CC)	
294	560	12	TBS	Name Is Earl	Name Is Earl	Raymond	Raymond	Sex and-City	Planet Soap	Reality	Final 24 (CC)	
619	525	12	TROP	TV Made	Very Bad Men (CC)	What	What	Sex and-City	Planet Soap	Reality	Final 24 (CC)	
603	561	12	FN	Ramsay's Kitchen Nightmares	Restaurant Makeover (CC)	Corner Gas	Corner Gas	Sex and-City	Planet Soap	Reality	Final 24 (CC)	
626	547	12	COM	Air Force	Just for Laughs (CC)	Restaurant Makeover (CC)	Corner Gas	Sex and-City	Planet Soap	Reality	Final 24 (CC)	
320	521	12	CEN	Stargate Atlantis (N) (CC)	The Nines ** (2007) Ryan Reynolds. (CC)	(45) Fracture *** (2007, Suspense) Anthony Hopkins. (CC)	The Hills	After	MTV Live	MTV Live		
581	666	12	MEN	The Hills	After	MTV Live	MTV News	Super Sweet	The Hills	After	MTV Live	
261	394	12	V	The Koran (N)	Daughters	It Will Be Difficult to Love	Marimar	Prime Minister	May-Dec.	McLeod's Daughters	Paid Program	
-	-	109	MUL	Matchmaker	Daughters	It Will Be Difficult to Love	Marimar	Prime Minister	May-Dec.	McLeod's Daughters	Paid Program	

critics' corner

Dirty Jobs

Insert your "rotten to the core" joke here. In "Dirty Jobs of the Big Apple," host Mike Rowe is in a New York state of mind. There are 8 million stories in the naked city, and almost as many unpleasant ways to earn a living. Rowe doesn't get to all of them, but he does take on the construction of a water tower atop a skyscraper and learns how to repair elevators. Those with fears of heights or small spaces need not apply. 7 PM on DIS



Heroes

Yeah, it's been a while. So new viewers and established fans alike should check out this hourlong clip show recapping the action to date on this very busy fantasy drama series. When we left our heroes, Peter (Milo Ventimiglia) was about to go public with his flying power when he was gunned down by a mysterious man in black. The two-hour third-season premiere follows, with Sylar (Zachary Quinto) back in action and badder than ever. 8 PM on NBC

Anderson, PETA take on Armani

Pamela Anderson, left, has teamed up with animal-rights activists at People for the Ethical Treatment of Animals to encourage A-list stars to shun fashion designer Giorgio Armani for using fur. **IMDB.COM**

Celebrity Buzz

Fox defends female posers

PHOTOS Actress Megan Fox has leaped to the defence of Disney stars Vanessa Hudgens and Miley Cyrus after their 2007 and 2008 private photo scandals, femalefirst.co.uk reports.

Naked snaps Hudgens took for boyfriend Zac Efron made their way onto the internet in 2007, embarrassing the actress. Cyrus experienced her own string of scandals this year, when self-taken cellphone pictures also emerged on the Internet. She also posed for a Vanity Fair photoshoot that was deemed to be too saucy for a 15-year-old girl.

But Fox is outraged the young stars felt pressure to say sorry, insisting those responsible for exposing the candid snaps

should be blamed and ashamed.

"I would never issue an apology for my life and for who I am," She tells GQ magazine. "It's like, 'Oh, I'm sorry, I took a naked, private picture that someone, who is an a-hole, sold for money.' Someone betrayed Vanessa, but no one's angry at that person. She had to apologize."

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

Wedding bells for Campbell?

MARRIAGE Naomi Campbell's billionaire boyfriend is preparing to propose to her, femalefirst.co.uk reports.

Vladimir Doronin, who has been dating the supermodel for several months, hinted he was ready to ask her to marry him at Campbell's recent charity catwalk show Fashion for Relief, but stopped short of revealing when he will pop the question.

"Naomi is wonderful.

Will I put a ring on her finger? Maybe very soon," he said.

Campbell, 38, recently revealed she refuses to discuss marriage in case it scares her beau. She won't even comment on the state of her relationship.

When asked if a wedding was in the pipeline, Campbell replied: "Oh no, no pressuring that poor man like that. He's a wonderful gentleman and he's got great qualities."

METRO NEWS SERVICES



Sex-y role for Cyrus?

TV Sex and The City author Candace Bushnell wants teen sensation Miley Cyrus to play the young Carrie Bradshaw if her prequel novels are turned into movies of TV shows, imdb.com reports.

Bushnell has just signed a deal to pen two teen novels about her character Bradshaw's high school years and she would love for Cyrus to take the lead in a

TV or film spinoff.

When asked to name her new Carrie — a part Sarah Jessica Parker has played on the big and small screen — Bushnell said, "I don't know ... What about Miley Cyrus?"

And it appears Cyrus is game — in a recent interview she said, "I'd love to do a younger, cleaner version of Sex and The City."

METRO NEWS SERVICES



celebrity brief

Mills: Paul marriage had reward

RELATIONSHIPS Former model Heather Mills does not regret her marriage to Beatles legend Paul McCartney — because she fell pregnant after years of heartache, imdb.com reports.

Mills and McCartney endured a messy public divorce earlier this year after six years of marriage. During their divorce battle, court papers leaked in which Mills falsely claimed McCartney was an abusive husband, a drunk and a wife-beater.

But now she has spoken out about their marriage and insists she does not regret it because it gave her a daughter.

Mills tells Britain's Daily Mail newspaper, "How would you feel if you had been through what I have? ... I could never regret something which gave me Beatrice."

"But I'm ready to move on in my life now. I'm not a negative person. I want to move on positively. I need to look at the bigger picture, which means helping those causes close to my heart."

METRO NEWS SERVICES



Duchovny doing well

REHAB Actor David Duchovny is "doing well" since admitting himself into rehab for sex addiction, according to one of his co-stars on hit U.S. TV show Californication, imdb.com reports.

The 48-year-old, who plays a sex-loving author in the raunchy cable show, checked himself into rehab last month in a bid to control his own sexual urges.

Actor Evan Handler has sent his best wishes to the star, and admits he's looking forward to getting back to work when Duchovny returns to the set.

He said, "The most I can say is that I hope he's doing really well — and I heard he is doing really well. I can't wait to go back on the set because the work experience is the best one that I've had."

When asked if Duchovny would attend the series' premiere Sept. 28, Handler said: "I have no idea whether I'll see him there or not."

METRO NEWS SERVICES



Aniston shuns reports

PEOPLE Jennifer Aniston doesn't worry about what's written about her private life any more, femalefirst.co.uk reports.

The actress, who recently split from singer John Mayer, gets frustrated by some of the things she reads about herself, but has learned not to pay attention and move on.

"You hear so many ridiculous stories and things which are just plain lies and you want to go on the record, but you can't because it just inflames things more," she said. "I'm so used to it now that I just don't pay attention. I just live my life, focus on my work and stick to the plan. I really don't worry about what's

written about me. It's part of the business."

METRO NEWS SERVICES



"This makes no sense at all ..."

by Joe O'Neill

Stop the presses! **Heather Mills** does not regret her marriage to **Sir Paul McCartney**. More specifically, she does not regret failing to sign a pre-nup and her reasons for this number approximately 50 million.

And, oh yeah, better throw the kid in there, too.

I sometimes suspect that **Yoko Ono** hired Heather to do what she did because Yoko was tired of her status of most hated person in history amongst Beatle fans, by which I mean approximately 78 per cent of the population of the developed world.

If my suspicions are correct, Heather has earned her money.

Mills says she's ready to move on with her life and help with causes that are close to her heart. It's good to know that she will continue to do whatever it takes to ease the plight of 40-something, bottle-blond, one-legged, "former models" who used to be married to Beatles bass players, against whom they've made false accusations of physical abuse.

Rest assured that Heather Mills, as long as she lives and breathes, will continue to make this world a better place. For Heather Mills, anyway.

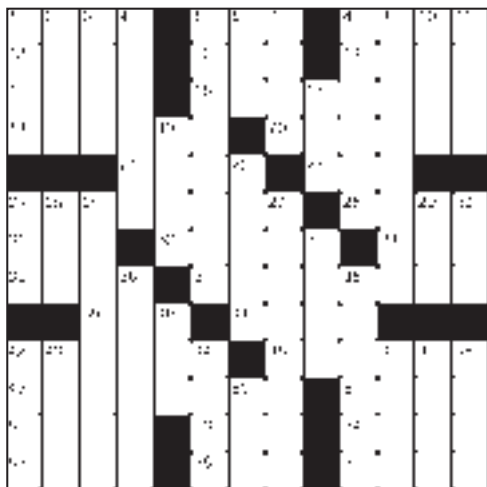
And what of the couple's child, **Beatrice**, the little divorce court bargaining chip off the old block?

I'm a sucker for poetic justice, and if there's any in this case, Bea will grow up to become a fur-wearing, meat-eating, baby-seal clubbing landmine vendor who walks around all day singing "I am the walrus, coo coo ca choo!"

NEWSDESK@METRONWS.CA



Take Five



Crossword across

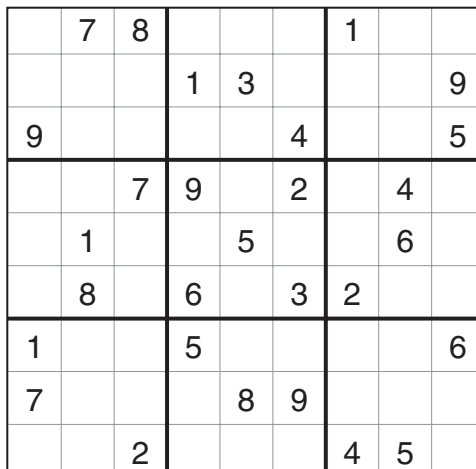
- 1 Information
5 "Platoon" setting
8 Strikebreaker
12 Enrages
13 "Born in the —"
14 Domesticate
15 Oceans
16 Menace
18 Islamic leader
20 To-do list entry
21 Thailand, once
23 Solidify
24 Name
28 Turned blue?
31 Spelling contest
32 1988 movie, "Without —"
- 34 Go schussing
35 Sailor's mop
37 Intensify
39 Deity
41 Birthright barterer
42 Restitution
45 Look up to
49 Wolfram
51 Heehaw
52 "Beetle Bailey" dog
53 Common Mkt.
54 Unrivalled
55 Disarray
56 Post-opposite
57 Tolkien's tree creatures

Crossword down

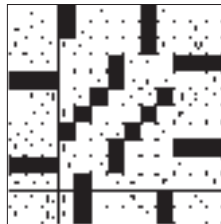
- 1 Platter
2 Vicinity
3 Blue hue
4 St. Francis' home
5 Small, short-tailed bird
6 Blond shade
7 Stallion's companion
8 Didn't blink
9 Action accelerator
10 "So be it"
11 Flex
17 Work unit
19 Leaning Tower of —
22 Big fracas
24 Courier's employer
25 Chop
- 26 Chemically active substances
27 Pest
29 — out a living
30 Lotsa noise
33 "Zounds!"
36 Beatnik's drums
38 Hardly conceited
40 Dentist's abbr.
42 Fermi's bit
43 Silent
44 Stairway part
46 Press
47 Carry on
48 Spuds' buds
50 Always, in verse

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	7	4	2	3	9	1	8	6
3	2	1	5	8	6	9	4	7
6	8	9	4	7	1	3	2	5
2	4	3	1	5	8	7	6	9
1	6	7	9	4	3	2	5	8
8	9	5	7	6	2	4	3	1
7	3	8	6	1	4	5	9	2
4	1	2	8	9	5	6	7	3
9	5	6	3	2	7	8	1	4

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SUDOKU SOLVE TIME:

Under 13 min Genius
13-17 min Scholar

17-21 min Smart
21-25 min Not bad
25+ min Keep practising

Recipe of the day



Chicken Burgers with Tropical Fruit Salsa

These juicy chicken burgers, topped with a Caribbean-inspired salsa, are absolutely scrumptious.

INGREDIENTS:

- 1 small pineapple
1 small mango, peeled and finely chopped
1 small red onion, finely chopped
2 tablespoons finely chopped fresh coriander
1 tablespoon fresh lemon juice
1 teaspoon canola oil
500 g ground chicken
1 large Granny Smith apple, peeled and shredded
1/4 cup dry breadcrumbs
4 thin slices reduced-fat Cheddar cheese
4 hamburger buns or soft rolls, preferably whole wheat, split
4 lettuce leaves

METHOD:

1. Peel, core, slice and chop the pineapple (you need 2 cups) and place in a bowl. Mix in the mango, onion, coriander, lemon juice and oil. Cover and set aside.
2. Mix the chicken, apple and

breadcrumbs in another bowl until blended. Divide the mixture into 4 equal portions and shape into patties about 1 cm thick. Place the patties on a plate, cover, and place in the freezer for 20 minutes.

3. Preheat the barbecue. Cook the patties on medium heat until browned and cooked through.
4. For each burger, place a slice of cheese on the bottom of a hamburger bun, cover with lettuce, add a patty, top with about 1/2 cup salsa, and crown with the top of the bun.

Nutrients per serving: calories 581, carbohydrate 62g, protein 41g, total fat 19 g (saturated fat 6g).

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes

ARIES

MARCH 21-APRIL 20

Someone is bound to be snappy around you. You'll hear another sad story. A fine person will step in to unravel snarled messages.



TAURUS

APRIL 21-MAY 21

You will find new ways to make money. Contact with attractive people can put you in a great mood. Be patient with cynics.



LIBRA

SEPT 23-OCT 23

Your secret love makes you think happy thoughts. A cryptic statement needs investigation. Don't eat to calm down after heated words are exchanged.



SCORPIO

OCT 24-NOV 22

A discussion leads to nervous tension. A co-worker's Infatuation develops in spite of reluctance. Forgive yourself the expense of new clothing.



GEMINI

MAY 22-JUNE 21

Put off making big buys until your financial status is stable. It's an easy day to make your way. Be adaptable to change at a moment's notice.



SAGITTARIUS

NOV 23-DEC 21

An impractical person's actions indicate a pattern of neglect. A lack of documents hampers travel. Someone's mood has everyone in a funk.



CANCER

JUNE 22-JULY 22

A relative calls late in the day. Beg forgiveness after a thoughtless insult. Communication will improve drastically.



CAPRICORN

DEC 22-JAN 20

Your memory gets nudged by a trivial matter. Use cleverness to get around an irritating pest. A light-hearted mood is coming your way.



LEO

JULY 23-AUG 23

A desirable object comes into your hands. Focus on settling fevered emotions. Be disciplined in the workplace.



AQUARIUS

JAN 21-FEB 18

Romantic notions will dissolve after a temper tantrum. Be patient when someone attracts your attention. Create a fresh vision for others.



VIRGO

AUG 24-SEPT 22

An incident involves someone else's possessions. Avoid controversy and spiteful people. An approach to romance fails to meet your standards.



PISCES

FEB 19-MARCH 20

A lecture is the only flaw in the day. A unique person won't understand your convictions. You should trust your instincts.



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735 Gore Avenue
UNIPAGE
Royal Centre
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